

# Beaconhill Community Primary School

wc 05.09.22; 26.09.22; 17.10.22; 14.11.22; 05.12.22; 02.01.23; 23.01.23; 13.02.23; 13.03.23

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	♥ Roasted Chicken Breast Corn on the Cob Sweet Potato Fries	Pasta Bolognese (CG) Mixed Vegetables Garlic Bread (CG)	Pepperoni Pizza (M, CG) Side Salad Sweetcorn	♥ Roast Beef Yorkshire Pudding (CG, E, M) Roast Potatoes Vegetables	Breaded Fish (F, CG) Chips Peas
<b>Option 2</b>	Tuna/ V Cheese Panini (F, CG may M) / (M, CG) Corn on the Cob	♥ V Vegetarian Wholewheat Pasta (CG) Mixed Vegetables Garlic Bread (CG)	V Cheese Pizza (M, CG) Side Salad Sweetcorn	♥ V Tomato Pasta (CG) Garlic Bread (CG)	V Vegetarian Sausages (E, CG) Chips Peas
♥ Jacket Potato available every day with the following fillings: V Cheese, V Beans					
<b>Desserts</b>	V Homemade Shortbread (CG)	V Chocolate Muffin (E, CG)	V Banana Cake (E, CG)	V Oaty Biscuit (CG)	V Angel Delight (M)
Fresh Bread, Mixed Salad and Fresh Fruit available everyday					



## FOOD ALLERGIES AND INTOLERANCES

Before choosing your meal, please speak to a member of the catering staff about your requirements

Celery C, Cereals containing Gluten CG, Crustaceans C, Eggs E, Fish F, Lupin L, Milk M, Molluscs M, Mustard M, Nuts N, Peanuts P, Sesame Seeds SS, Soya S, Sulphur Dioxide SD

♥ Healthier Option

















♥ Vegan

V Vegetarian

♥ Contains Wholewheat/Wholegrain

# Beaconhill Community Primary School

wc 12.09.22; 03.10.22; 31.10.22; 21.11.22; 19.12.22; 09.01.23; 30.01.23; 27.02.23; 20.03.23

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	<b>Cowboy Lunch (CG)</b> (Sausage, Hash Brown, Baked Beans)	 <b>Meatballs &amp; Wholewheat Pasta (CG)</b> Garlic Bread (CG) Side Salad	<b>Ham &amp; Cheese Pizza (M, CG)</b> Side Salad Sweetcorn	 <b>Roast Chicken Dinner</b> Roast Potatoes Vegetables	<b>Sausages (CG)</b> Chips Baked Beans
<b>Option 2</b>	 <b>Vegetarian Cowboy Lunch (CG)</b>	 <b>Cheesy Baguette Melt (CG, M)</b> Side Salad	 <b>Cheese Pizza (M, CG)</b> Side Salad Sweetcorn	 <b>Broccoli Quiche (E, M, CG)</b> Roast Potatoes Vegetables	 <b>Vegetarian Sausages (E, CG)</b> Chips Baked Beans
  <b>Jacket Potato available every day with the following fillings:  Cheese,  Beans</b>					
<b>Desserts</b>	 <b>Meringue Nest with Mandarin Segments (E, M)</b>	 <b>Chocolate Brownie (E, CG)</b>	 <b>Sticky Toffee Pudding (E, M, CG) &amp; Custard (M)</b>	 <b>Arctic Roll (E, M, CG)</b>	 <b>Oaty Biscuit (CG)</b>
<b>Fresh Bread, Mixed Salad and Fresh Fruit available everyday</b>					



## FOOD ALLERGIES AND INTOLERANCES

Before choosing your meal, please speak to a member of the catering staff about your requirements

Celery **C**, Cereals containing Gluten **CG**, Crustaceans **C**, Eggs **E**, Fish **F**, Lupin **L**, Milk **M**, Molluscs **M**, Mustard **M**, Nuts **N**, Peanuts **P**, Sesame Seeds **SS**, Soya **S**, Sulphur Dioxide **SD**

 Healthier Option       Vegan       Vegetarian  
 Contains Wholewheat/Wholegrain

# Beaconhill Community Primary School

wc 19.09.22; 10.10.22; 07.11.22; 28.11.22; 19.12.22; 16.01.23; 06.02.23; 06.03.23; 27.03.23

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	♥ 🌾 <b>Chicken Curry &amp; Wholegrain Rice</b> (may CG) Mini Naan Bread (CG, M) Mixed Vegetables	♥ <b>Pasta Bolognese</b> (M, CG) Garlic Bread (CG) Side Salad Green Beans	<b>Meat Pizza</b> (M, CG) Side Salad Sweetcorn	<b>Baked Sausage and Yorkshire Pudding</b> (CG, E, M) Mash Potato (may M) Vegetables	<b>Crispy Chicken</b> (CG) Chips Baked Beans
<b>Option 2</b>	♥ 🌾 <b>V Vegetable Curry &amp; Wholegrain Rice</b> (may CG) Mini Naan Bread (CG, M) Mixed Vegetables	🌿 ♥ <b>V Vegetarian Pasta</b> (CG) Garlic Bread (CG) Side Salad Green Beans	<b>V Cheese Pizza</b> (M, CG) Side Salad Sweetcorn	<b>V Baked Vegetarian Sausage and Yorkshire Pudding</b> (CG, E, M) Mash Potato (may M) Vegetables	🌿 <b>V Vegetarian Nuggets</b> (CG) Chips Baked Beans
🌿 ♥ <b>Jacket Potato</b> available every day with the following fillings: <b>V Cheese</b> , <b>V Beans</b>					
<b>Desserts</b>	<b>V Arctic Roll</b> (E, M, CG)	<b>V Ginger Biscuit</b> (E, M, CG)	<b>V Chocolate Cake</b> (E, M, CG) & <b>Chocolate Custard</b> (M)	<b>Fruit Jelly</b>	<b>V Iced Carrot Cake</b> (E, M, CG)
<b>Fresh Bread, Mixed Salad and Fresh Fruit available everyday</b>					



## FOOD ALLERGIES AND INTOLERANCES

Before choosing your meal, please speak to a member of the catering staff about your requirements

Celery **C**, Cereals containing Gluten **CG**, Crustaceans **C**, Eggs **E**, Fish **F**, Lupin **L**, Milk **M**, Molluscs **M**, Mustard **M**, Nuts **N**, Peanuts **P**, Sesame Seeds **SS**, Soya **S**, Sulphur Dioxide **SD**

♥ Healthier Option

🌿 Vegan

**V** Vegetarian

🌾 Contains Wholewheat/Wholegrain