

## Here we go again!

Where did the summer break go? It is lovely to welcome everyone back to school with fresh new **haircuts** and **uniforms** ready for the school year. Likewise, the school is looking **fresh** and **tidy** ahead of the new year with lots of work having taken place over the summer. The **new year** is always something we look forward to. The children have settled in well to their **new classes** and are already working hard in lessons. Good luck to any of you who are taking part in the **Great North Run** weekend. My son and I will be doing the **Mini Great North Run** on Saturday morning so I hope to see some of you there. Whatever you're doing, I hope you all have a **fantastic weekend**.  
Mr Routledge



## Book of the Week

This year, I am going to share a **story** with all children across school **every week**. The story will feature **core messages** which support our **values**. Hopefully, they will be enjoyable and help to support our **shared love of reading**. I will share these with you via the **newsletter** so you can talk to your child about the story. I know that when I ask my son about his day, it can be a struggle to get much out of him! Therefore, I have also chosen stories which can be accessed online on **YouTube** or **BBC iPlayer** where they have featured as a **Cbeebies Bedtime Story**. Some may appear to be targeted at a younger audience but, in my experience, traditional picture books are usually enjoyed by our older pupils too! See **The Friendship Bench** via the link below-

<https://www.youtube.com/watch?v=s20sXux6qEI>



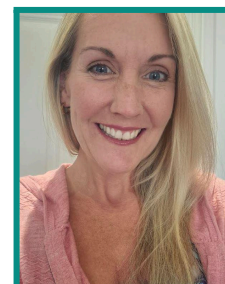
## Water Bottles

A reminder that we ask you to provide **water rather than juice** for school. Water is a **healthier option** and is also easier to clear up on occasions where we have a spillage. We have also found that if some children in the class have juice, other members of the class try to drink their peers' drink which can be **unhygienic**.

## School Counsellor

This year we will continue to work with our **School Counsellor**, Debra. **Debra** has already worked with many **children across school**. At the start of the **new school year**, I'd like to provide the opportunity for those of you who may be unfamiliar with Debra to find out a bit more.

*'My name is Debra Coldwell and I am a counsellor currently working with three local primary schools. I am a professionally qualified counsellor and have experience working with adults, children and young people. I am a registered member of the British Association of Counselling and Psychotherapy (BACP) and practice within the guidelines of the BACP Ethical Framework for Good Practice. My role is to support students' emotional, social and personal wellbeing, providing a safe, confidential space for pupils to discuss concerns and worries helping them develop coping skills for challenges like anxiety and stress. I am an Integrative Therapist using CBT, person centred and play therapy depending on the age and needs of the young person. Early intervention addressing mental health issues at a younger age can help prevent difficulties later down the line. Listening to young people to best understand their issues and needs enables me to provide the best level of service I can for them. I care passionately about the impact of mental health and wellbeing in children and young people and the influence this can have on their lives from an early age.'*





## Induction Meetings

We're looking forward to hosting our **Induction Meetings** in the coming days. These sessions are designed to give you the opportunity to meet your child's **new teacher** and find out **key information** about the class. Most sessions will take place in the main hall so please head to the main entrance ahead of these sessions. For the **Year 3** and **Year 6** sessions, please wait outside the normal classroom door.

**Monday 8th September** - Year 2 at 09:00 (School hall)

**Wednesday 10th September** - Reception at 09:00 (School hall)

**Thursday 11th September** - Year 4 at 09:00 (School hall)

**Friday 12th September** - Year 3 (Classroom) and Year 5 at 09:00 (School hall)

**Monday 15th September** - Year 1 (School hall) at 09:00 and Year 6 (Classroom)

**Tuesday 16th September** - Nursery at 09:15 (School hall)

## Uniform

A further **reminder** of our **uniform expectations** for the new school year. Our school uniform is a combination of the colours royal blue, grey/black and white.

- Royal blue jumper, cardigan or fleece
- Grey or black skirt/pinafore dress (with plain cycle shorts if preferred)
- Blue and white checked gingham dress
- Grey or black trousers or shorts
- White shirt or polo shirt
- Plain black shoes, boots or trainers

If you are ever struggling for **uniform**, please let us know. We keep a **spare bank** of clothes to use if children need to change during the school day. You can also access uniforms from the **Hope Centre** at **Manor Walks**.

## Lunch

A reminder that we are a **nut free school**. Please do not send anything into school which may **contain nuts** as we have children with **severe allergies**. **Hazelnut spreads** (such as Nutella), **cereal bars**, **nut spreads**, **nut pesto** and some '**Kinder**' products can also contain nuts. Items cooked in a **satay sauce** are also unsuitable for school as the sauce contains **peanuts**. If you send in **grapes** or **tomatoes** in a **packed lunch**, please remember to quarter these or slice them lengthways as they present a potential **choking hazard**.

## Earrings and Jewellery

Along with the other schools in the **Cramlington Partnership**, we have a **no earring policy** in school for **health and safety reasons**. If your child has had their ears pierced this summer and they are not yet able to remove them for the school day, could you please place a plaster over their piercing to reduce the chance of it getting caught in something. We do not allow children to **wear jewellery** in school for health and safety reasons and to ensure that precious items are not lost.

## Mobile Phones

A reminder that if your child brings a **mobile phone** to school, it should be **switched off** when they enter the school grounds and then handed to their class teacher for safe keeping for the rest of the school day.

## Smoking and Vaping

A reminder that **Beaconhill Primary School** is a **smoke** and **vape free** environment. Please **refrain** from smoking or vaping on **school grounds**.

## Attendance

Very well done to Year Two for recording the highest overall attendance this week. They fell just short of 100% with an impressive 99.11%! Good attendance overall is **96%+**.

Attendance **below 90%** is a cause for concern and is considered **persistent absenteeism**.

Please do everything you can to ensure that your child is in school, on time, every day.



**Reception** - 92.76% **Year One** - 88.94% **Year Two** - 99.11% **Year Three** - 94.44% **Year Four** - 92.92%  
**Year Five** - 94.64% **Year Six** - 96.25%

## On the Menu Next Week . . .

Week Two	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Course</b>	Chicken Goujons/Veggie Nuggets  Homemade Tuna and Sweetcorn Pasta  Sandwich (Choice of Fillings)	Sausage/Veggie Sausage in a Bun  Fish Goujons  Jacket Potato (Choice of Fillings)	Homemade Chicken Fajitas  Cheese* Melt  Sandwich (Choice of Fillings)	Gammon/Veggie Roast and Yorkshire Pudding  Homemade Tomato and Basil Pasta  Jacket Potato (Choice of Fillings)	Baked Sausage Roll or Cheese Roll  Breaded Fish Portion  Sandwich (Choice of Fillings)
<b>Potatoes/Pasta/Rice</b>	Potato Wedges or Crusty Bread	Mini Waffles	New Potatoes	Roast Potatoes or Crusty Bread	Chips
<b>Vegetables</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>Salad Bar</b>	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
<b>Desserts</b>	Meringue Nest with Fruit (Dairy Free)	Fruit Jelly (Vegetarian)	Cheese*, Biscuit and Grapes	Shortbread Biscuits (Dairy Free) and a Cup of Milk	School Pudding of the Day (Dairy Free Available)

\*Dairy Free Cheese Available