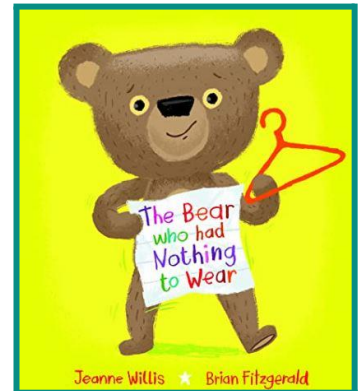


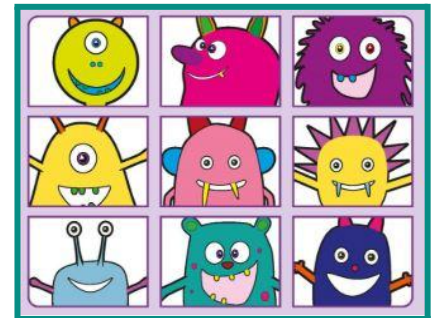
Happy Friday!

In assembly this week, I read 'The Bear Who Had Nothing to Wear' by **Jeanne Willis** and **Brian Fitzgerald**. This delightful story follows a bear who tries on many outfits (including a **Prince** and a **Pirate**) before realising that being himself is best of all. It celebrates being ambitious, trying new things, **learning from mistakes** and discovering who we truly are. To share the story at home, follow this [link](#). We are looking forward to welcoming you to school over the next two weeks for **parents/carers meetings**. These sessions will allow you to see how your child has settled in and see their **areas of focus** for this academic year. If you have not yet made an appointment, please do so as soon as possible. A reminder that parents/carers that children shouldn't bring in any **toys** or **collectable cards** (e.g. **Pokemon Cards** or **Match Attax**) from home as they can go missing and/or cause fallings out. I'd also like to remind you that **Friday 24th October** is a **Teacher Training Day** so we will break up for **October half-term** on **Thursday 23rd**. I hope you all enjoy a lovely weekend. Mr Routledge



Workshops

A reminder that our **Phonics** and **Early Reading** workshop will be delivered by **Mrs Carrick** on **Wednesday 22nd October** at **09:05**. This session is aimed at parents/carers of children in Nursery, Reception and Year One. There will be a follow up session specifically for Year One parents/carers specifically around phonics. This is in relation to the **Phonics Screening Check**, a statutory assessment for all **Year One** children, which takes place in the **Summer Term**.



School Council

Our new school council met for the first time last week. The council, as always, has been elected in a **democratic process**. The **School Council** gives our children a voice in how the school is run - helping to make it an even **better place** for everyone. Members meet regularly to **share ideas**, **discuss improvements** and **plan projects** that benefit our **school community**. The **first project** of the year relates to some **art work** that will be completed in the **local area** so watch this space!

Storytelling Yoga

Last Friday, we welcomed **Danielle Slade** into school to deliver **storytelling yoga sessions** to children across school. The sessions were designed to support **physical literacy**, **strength** and **balance** but also help children be able to **recognise** their **emotions** and deal with **powerful thoughts** and **feelings**. The feedback from **staff** and **children** was really **positive** so we're looking to arrange an **After School Club** during the **Spring Term**. Keep an eye on the **newsletter** for more information in the coming weeks. We have sports themed **After School Clubs** scheduled for the whole school year. The Year Five basketball sessions with **Newcastle Eagles** have been very **popular** and the children have developed a range of skills which can be applied across the **PE curriculum**.



Family Hub Sleep Workshop

Our colleagues at the **Family Hub** have asked us to share details of their forthcoming **sleep workshop**. The sessions are designed for children aged **four upwards** who are struggling with sleep. The sessions will cover:

- Understanding **sleep cycles**
- **Causes** of sleep **issues**
- **Importance** of sleep
- What **you can do** to help

As you'll all know, we need children in school **fresh** for a day of learning and disrupted sleep can impact this. The sessions will take place online on **Friday 5th** and **Friday 12th December**. To book a place, telephone (01670) 541150 or (01670) 798800

Is your child struggling with sleep?

 *For children and young people aged between 4-25 years

- understanding sleep cycles
- causes of sleep issues
- the importance of sleep
- what you can do to support your child to sleep better

The Virtual Sleep Workshop
runs over 2 sessions

**Friday The 5th Of December &
Friday The 12th Of December**

To book your place telephone
01670 541150 or 798800

Northumberland County Council Family Hubs **Sleep ACTION**



Attendance

Very well done to **Year One**, **Year Three** and, especially, **Year Five** for recording the highest overall **attendance** this week. **Attendance** for this year and last year will form part of the discussion at **parents/carers evening** over the next two weeks.



Reception - 90% **Year One** - 98.46% **Year Two** - 93.57% **Year Three** - 97.14%
Year Four - 91.33% **Year Five** - 98.57% **Year Six** - 92%

On the Menu Next Week . . .

Week One	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Salmon Bites	Homemade Pasta Bolognese	Chicken Curry	Beef/Veggie Roast and Yorkshire Pudding	Oven Baked Sausage/Veggie Sausage
	Tuna or Cheese* Wrap	Cheese* and Broccoli Pasta	Tomato and Basil Pasta Bake	Fishfingers	Tomato and Mozzarella Pizza
	Sandwich (Choice of Fillings)	Jacket Potato (Choice of Fillings)	Sandwich (Choice of Fillings)	Jacket Potato (Choice of Fillings)	Sandwich (Choice of Fillings)
Potatoes/Pasta/Rice	Oven Baked Mini Waffles	Garlic Bread	Rice, Naan Bread or Crusty Bread	Roast Potatoes or Potato Smiles	Chips
Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
Salad Bar	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad	Seasonal Salad
Desserts	Homemade Biscuit (Dairy Free)	Mini Muffin (Contains Milk) with a Glass of Juice	Peaches and Cream (Dairy Free Available)	Fruit Mousse Slice (Contains Milk)	School Pudding of the Day (Dairy Free Available)

*Dairy Free Cheese Available