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Headteacher: Mr Joel Routledge B.Ed NPQH



Wednesday 10th January

Dear parents/carers,

I am writing to let you know that we will be hosting a **Family Help Worker, Kathleen Rouse**, in school this half-term. We ran a similar series of sessions with one of Kathleen's colleagues, **Catherin Dixon**, in the Autumn term and we found it to be **hugely successful**. We are looking forward to working closely with Kathleen and offering extra help to support at home.

Kathleen works with the **Family Hubs** and offers **Parenting Drop in Sessions** to support with a range of common issues including **sleep, boundaries, routines, low-level anxiety, housing and attendance**.

Catherine will be in school every **Tuesday afternoon** from **Tuesday 16th January** until **Tuesday 13th February**. Parents can get in touch with the school office or speak to your child's class teacher who will liaise with Kathleen to arrange a session. The sessions are typically around **30 minutes** and are for **parents** rather than children. Whilst we appreciate that you may not be able to come along without small children, you would be likely to get more out of the session if you were able to find **alternative arrangements** for **childcare**.

If you have any questions, do not hesitate to get in touch.

Many thanks,  
Mr Routledge

*J Routledge*