

Early Years Home Learning Skills

If your child is poorly we do not expect them to be engaging with home learning. If they are recovering well or asymptomatic you may decide that home learning is appropriate. In Early Years children focus on a variety of practical skills that can be easily worked on at home. You could choose one or two at a time to work on with your child.

Self Help Skills

- Can they put on their own coat and have a go at fastening it by themselves?
- Can they turn their sleeves the right way round when they are inside out?
- Can they put on their own socks, shoes (Velcro fastenings) and wellies by themselves?
- Can they take off their jumper by themselves?
- Can they wash and dry their hands properly, remembering not to miss out their thumbs and wrists?
- Can they use their toothbrush properly by themselves?
- Can they use a knife, fork and spoon correctly?
- Can they use the toilet correctly including wiping their bottom?

Physical Skills

- Can they throw and catch a large ball with a grown up or older sibling?
- Can they throw a ball at a target?
- Can they jump with both of their feet together?
- Can they hop on one leg?
- Can they skip? (This one is really tricky to get right)
- Can they use scissors properly? Snipping, cutting a straight line, cutting around a picture.

Other skills

- Can they put together jigsaw pieces?
- Can they draw a person remembering to add a head, body, legs, arms, and sometimes fingers?
- Can they take turns when playing a simple game?
- Can they recognise their own name when it is written down? Children in Reception could practise writing their names.
- Can they count up to 5?
- Can they sing counting nursery rhymes such as five current buns, five little ducks? (search for BBC schools nursery rhymes online to play some counting songs)
- Can they listen to stories and answer simple questions about what they have heard such as 'where did the dog go?'
- Reception children can practise soundwork
- Reception children can practise making number sets of up to 5 objects using household items.

You may also like to learn some Nursery rhymes - <https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-songs-medleys/>

Or learn some numbers using Numberblocks - <https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks>