



Cramlington School Sport Partnership



Newsletter Autumn Term 2022-23

Cramlington School Sport Partnership Update

January 2023

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Welcome to the first newsletter of 2022-23! As we celebrate the 10th year of Cramlington School Sport Partnership I look forward to sharing this year's activities with you, as well as looking back at some of the impact that has been made since the creation of the Partnership.

Cramlington SSP organises PE, sport and physical activity opportunities

for over 1700 children across Cramlington from Beaconhill, Burnside, Cragside, Eastlea, Northburn and Shanklea Primary Schools, using the PE and Sport Premium funding to:

- Increase confidence, knowledge and skills of all staff in teaching PE and sport
- Engage all pupils in regular physical activity

- Raise the profile of PE and sport across the school as a tool for whole school improvement
- Offer a broader experience of a range of sports and physical activities to all pupils
- Increase participation in competitive sport

Gill Smith
SSP Coordinator

Year 3 Hoopstarz

All Year 3 pupils took part in a fun hula hooping workshop with Tracey from Hoopstarz. They were taught the basics of hooping as well as a range of impressive tricks and fun games using the hoops. Pupils were then left with a series of challenges to work on improving their own personal best scores, and to practise for the "one minute challenge". This whole-class, virtual competition measures the percentage of the class that can hoop non-stop for 1 minute.

Two trophies were presented, for the best overall class (highest final percentage) and the most improved class (biggest percentage increase over the term). This year's winners were:

BEST OVERALL CLASS: Burnside Primary Class 3B

MOST IMPROVED CLASS: Shanklea Primary Mrs Valentine's Class

Each year we are impressed by the progress that can be seen in the scores, a result of lots of opportunity to be active, hooping in PE and at playtimes. This year, however, is the first time we have seen a 100% result - every pupil in Burnside's Class 3B could hoop non-stop for 1 minute by the end of the term. A fantastic achievement! Similarly impressive, the percentage at Shanklea increased by 70% from the baseline score to the final result - amazing improvements!

Well done to everyone who took part in this project, keep on hooping!



Sports Leaders and Playground Games Festivals

Year 5/6 pupils at Beaconhill, Burnside, Cragside, Eastlea and Shanklea have received an introduction to being a Sports Leader. During the training sessions they think about acting as a good role model for the younger children and how to organise simple activities to help younger pupils be active and have fun with their friends in the playground. They also have the opportunity to create their own games and try teaching them to each other.

Groups of Sports Leaders at Burnside and Eastlea have also run a Playground Games festival for all of their Y1 and Y2 pupils. The Sports Leaders worked in pairs to teach 6 different games to the younger pupils. The leaders listened well, created some fantastic games and activities, showed good teamwork skills, and worked hard to make sure the KS1 pupils had a fun time.



Thunder In The Valley

After a break due to Covid it was fantastic to be back at Newcastle Eagles in November for our annual Thunder In The Valley basketball tournament. This year, Y5&6 teams from Eastlea and Northburn Primary Schools took on Whytrig and Seaton Sluice Middle Schools from Seaton Valley.

To find out more about Cramlington Vikings, our local basketball club, please contact head coach Matthew Langley: M.Langley@eaglescommunityfoundation.com



After a round-robin tournament, both teams from Whytrig progressed to the final, which was played at half time in the Newcastle Eagles' match. Northburn B were the highest placed Cramlington team, finishing in 3rd place. Over 220 players, friends and family travelled to Vertu Motors arena to watch both the schools' tournament and Newcastle Eagles' close result against Surrey Scorchers.



School Games

School Games is a national programme of school sport, PE and physical activity. It is much more than just competitions, it has become a powerful movement for change in school sport, transforming competition from the preserve of the most talented to a fun, engaging and meaningful experience for children and young people, ensuring more children enjoy the many benefits that come from play and sport.

The Cramlington SSP schools are part of Cramlington & Seaton Valley School Games area within Northumberland. The PE and Sport Premium funding, and therefore the SSP, supports schools to get the most from the School Games programme, such as arranging for schools to work with specialist coaches to ensure pupils are prepared before competitions, or providing equipment, resources and transport that help schools to take part.

School Games Mark

In 2021-22, schools had the opportunity again to apply for this national award. School Games mark rewards and recognises a school's engagement in the School Games and celebrates keeping young people active. In the SSP schools, Beaconhill and Burnside both achieved the Gold Award, and Cragside, Eastlea, Northburn and Shanklea maintained their Platinum status. Well done to everyone in all of these schools for this recognition of the commitment shown to PE and School Sport.

Year 4 Rugby Festival

Groups of Y4 pupils from all of the SSP schools were among over 200 children selected by their schools to attend the Cramlington & Seaton Valley and Blyth & Bedlington Y4 Rugby Festivals. Held at Cramlington Learning Village, pupils took part in a range of fun activities, expertly led by Y12 Sports Leaders from CLV.

The activities were chosen to develop a range of rugby skills, while enabling pupils to be active and make friends in a fun environment.



Santa Dash

The National School Games Santa Dash is now an annual event. With children across the country getting outside and active with their friends taking part in this festive themed run!



School Sport Organising Crews

Y6 pupils from Burnside, Cragside, Eastlea and Shanklea took part in Northumberland training sessions for School Sport Organising Crews. The groups were specially selected by their schools to drive plans for getting their school moving more. They spent



time discussing why it's important to be active, what they already do, and planning their next steps in school. They also got active themselves by taking part in skipping activities and leading playground games, and left buzzing with ideas to put into practice once they were back at school.

KS2 Multiskills Challenge

Pupils from Beaconhill, Eastlea and Shanklea joined in these competitions alongside first and middle schools from Seaton Valley. A range of activities test agility, balance and coordination, with every point contributing to a class average score. The winners and runners up from our area will compete against schools from across Northumberland in the Virtual Live county finals to be held in January. Well done to everyone who took part and good luck to our finalists.



Year Group	Winners	Runners Up
3	Shanklea SV3	Eastlea Y3
4	New Hartley	Shanklea AH4
5	Shanklea SS5	Eastlea Y5
6	SSMS 6S	Beaconhill Y6

Judo and Jiu-Jitsu

Schools across the SSP have enjoyed trying out two different martial arts this term. Some KS2 classes at Burnside, Cragside, Eastlea and Shanklea tried judo, with Liam from Active Future. These taster

sessions were linked to the launch of a new community club, and Shanklea also enjoyed an extra-curricular judo club during the Autumn term. Active Future's community sessions are on



Tuesdays, 5.00-6.00pm at Cramlington Sporting Club for ages 6-12. Visit www.activefuture.info or check out Active Future Northumberland on Facebook.

All children in KS1 and KS2 at Beaconhill, Burnside, Cragside, Eastlea and Shanklea enjoyed having a go at Jiu-Jitsu with Patrick from Go Jiu-Jitsu. Children from Y1 to Y6 played fun games as well as trying some basic moves. Go Jiu-Jitsu have community sessions at Beaconhill Community Centre on Tuesdays, 4.00-



4.45pm for ages 5-8 and 4.45pm-5.40pm for ages 8+.

Email tucker.patrick@live.co.uk, call 07729775659 or visit Go Jiu-Jitsu: Brazilian Jiu-Jitsu classes NE on Facebook.



School News

Shanklea girls' football team were the winners of the U11 county cup. Many congratulations to them on this fantastic achievement.



All classes enjoyed extra opportunities to be active during Burnside's Active Week and Eastlea's Active October. Special and new activities included trying skateboarding, bowls, badminton and volleyball.



Through their engagement in the FA Girls' Football School Partnership, lucky pupils at Cragside, Eastlea and Northburn were offered free tickets to watch Newcastle United Women play at St James' Park and be part of a record breaking attendance to see their 2-1 victory over Barnsley in the FA Cup.

Making a difference for 10 years....

In this 10th year of Cramlington School Sport Partnership, we will be bringing you some stories of where the PE and Sport Premium funding has made a significant impact on the lives of the young people of Cramlington.

Starting with Jessica, who was one of the original members of our Dance Academy in 2015-16. Selected by her teachers at Cragside CofE Primary as a keen and potentially talented dancer, Jessica attended the first Dance Academy led by Creative Dance Centre, initially held at Beaconhill and later at Cramlington Sporting Club. Once Jessica left primary school and moved to Cramlington Learning Village, she was invited to become our first Dance Leader, working alongside teachers Cheryl and Rachael to support the younger members. Her



I recently caught up with Jessica to find out what she was doing, now aged 16 years...at Dance Academy Jessica developed a love of dance and working on her technique, increasing her confidence and making new friends who she still keeps in touch with. She excitedly talked about taking part in the performances at Sage and Eagles' Arena. Jessica continued to dance once she was a pupil at CLV, becoming lead dancer and choreographer in school productions. Having achieved a distinction in her GCSE Drama, she is currently at Newcastle College working towards her



ambition of being a dance and drama teacher, studying for a Level 2 in Performance and Production Arts, and will be progressing onto Level 3 Dance. Jessica had never attended dance classes before being invited to join Dance Academy, and now it is her passion and hopefully her future career, with thanks to the PE and Sport Premium funding making such opportunities possible.

If Cramlington SSP activities made an impact on your child whilst they were at primary school, please get in touch to feature in our newsletters later in the year!

