



Year 5 Skipping

April 2022

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During the Spring Term, all of our Y5 classes worked with Liz and Linda from Skip4Fit as part of our new skipping project. Each class enjoyed a skipping workshop, where they were shown individual, pair and group skipping skills which they could practise and then record their progress over the term on a "Personal Challenge" sheet. Many schools also bought every Y5 child their own skipping rope, so skipping could take place in PE, in the playground, and at home. Later in the term, Liz and Linda revisited the schools to see the

progress that had been made and to teach the pupils new tricks and skills. They were blown away with the progress, creativity and enthusiasm that was on display! Pupils had clearly been doing a LOT of skipping, keen to demonstrate new skills and tricks they had taught themselves, and even group skipping routines! As part of the project the percentage of each class that could skip non-stop for 30 seconds was recorded at the start and the end of the project. The overall best class at the end of term were **Beaconhill**, and **Burnside's 5D**

were the class to show the greatest improvement over the term. Well done to all the Y5 pupils. Keep on skipping!



Biggest Ever Football Session



In March, girls from SSP schools joined 90,000 girls from across England in the FA and Barclays' inaugural Biggest Ever Football Session as part of their Let Girls Play campaign. Through their "Wildcats on Tour" roadshow, coaches from Cramlington United visited **Burnside, Cragside, Eastlea, Northburn and Shanklea** and worked with over 650 girls from Year 1 up to Year 6.

For further information about CUCF's Wildcats programme, please contact Mark Hedley: femalefootball@cramlingtonunitedfc.co.uk or check them out on Facebook.



ENGLAND FOOTBALL



School Games

During the Spring Term the winning classes from the Cramlington & Seaton Valley **Multiskills Competitions** progressed to represent our area in the Northumberland School Games Virtual Live County Finals. These events saw pupils from across the county join together to take part in a range of activities designed to test agility, balance and coordination. Hosted by Justin Lockwood, the events were good fun and every member of the class took part and contributed to a class average score in each event.

Cramlington & Seaton Valley were represented by the following SSP schools:

Year 3: Eastlea Y3

Year 5: Burnside 5K and Shanklea ER5

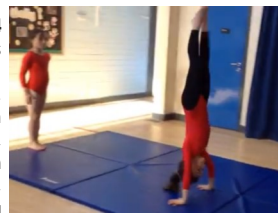
Year 6: Cragside 6ER and Shanklea CC6

Congratulations to Burnside class 5K who finished 3rd overall in the Northumberland finals for Year 5.



The Spring term saw the annual **Y4 Gymnastics** competition, with pupils learning and performing "Key Step" gymnastics routines. The area competition was held virtually, with entries from **Burnside, Cragside, Eastlea and Shanklea** alongside schools from Seaton Valley.

Cragside were the winning team, with **Shanklea** finishing in second place. There is a separate competition for competitive club gymnasts, and this was won by Georgie from **Cragside**, with Zara from **Cragside** finishing as runner up. Both of these teams and individual competitors progressed to represent Cramlington & Seaton Valley at the Northumberland County Finals, which saw the top 12 teams and individual gymnasts from across the county come together in the first



face-to-face **School Games** event since March 2020. There was a fantastic atmosphere as all the gymnasts gave their best performances and enjoyed taking part in fun activities with their team mates.

Sports leadership gives children opportunity to develop life skills such as confidence, communication and organisation, as well as helping other children to have fun and be active. **School Sport Organising Crews** (SSOCs) are a group of young people who join together to develop, organise and promote school sport and activity within their school. Within the Crew, pupils take on different roles such as Head of Crew, Researcher, and Media Leader. This term, groups of Y6 pupils at **Burnside, Cragside and Eastlea** have received SSOC training.



And there's more...

During the Spring Term, schools continued to offer a variety of extra-curricular activities including boxing, basketball, football, archery, dodgeball and dance. Some of our younger pupils have had the opportunity to work with local community partners during their PE lessons - Futsal Partnership and Next Generation NE have

been at Eastlea and Little Movers have been working with Reception and Key Stage 1 pupils at Northburn.

Coming up in the Summer Term we have the return of our FAST! Programme - this year's "Fun and Active Summer Term" includes activities and workshops from Eagles Community

Foundation, Skip4Fit, Hoopstarz, Little Movers, Creative Dance Centre and Fizzy Studios. Full details will be in our Summer Newsletter!

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