

CRAMLINGTON & SEATON VALLEY SCHOOL GAMES

Autumn Term 2023-24

SCHOOL GAMES

The School Games is a national programme which puts physical activity and school sport at the heart of schools, providing young people with the opportunity to learn through competition to achieve their personal best. Cramlington & Seaton Valley is one of 6 School Games areas across Northumberland within Rise Active Partnership.

The outcomes of the programme help prioritise the CMO's recommended 60 active minutes a day, creating positive experiences based on the motivation, competence and confidence of the young people, focus on secondary school and transition points, opportunities for youth engagement and leadership and advocating the role the School Games can play in making a meaningful difference to the lives of young people.



SANTA DASH 2023

Schools from across Cramlington and Seaton Valley joined over 80000 young people across England taking part in this year's National Santa Dash. This event is designed to connect schools across the country in having festive fun while being active.



KS2 TRANSITION

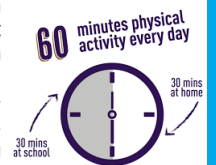
In Cramlington & Seaton Valley we have a mix of two-tier and three-tier school systems, therefore pupils transition between schools at different points. In October, Cramlington Learning Village hosted a Y6 Multisport Festival to support Y6 transition in Cramlington, and Astley Community High School planned a Y4 Teamwork Festival to support Y4 transition in Seaton Valley. The Y4 event had to be postponed due to the weather, but the Y6 groups enjoyed trying new sports such as lacrosse, American football and Gaelic football. The day was planned and run by the Year 12 Sports Leadership group from CLV, who put a lot of work into preparing for the day. Their excellent leadership with the Y6 pupils led to the event being a fantastic success, with high levels of activity, making new friends and (most importantly) having fun! Y6 pupil Harley from Ss Peter & Paul's "loved trying new sports and getting stickers" while Lydia "liked seeing children from other schools".



ACTIVE 60 CALENDAR

The Chief Medical Officer recommends 60 active minutes each day, 30 minutes of which should be in school. We have produced an "Active 60 Calendar" of activity ideas across the year to promote daily physical activity at different times of the day - eg active travel, active lesson breaks, active learning, and playground activity.

Suggested activities this term have included Walk To School Month in October and Active Lesson Breaks in November. Y6 at Shanklea have been using brain breaks in the classroom and classes at Ss Peter & Paul's tried different activities they could do in the classroom each day. Miss Wilson reported that "all children seemed more focused whilst doing core subjects, they loved these quick exercises throughout the day and we will be continuing them in the new year."



KS2 MULTISKILLS CHALLENGE

Classes in years 3, 4, 5 & 6 have been working on their agility, balance and coordination in the Northumberland School Games' KS2 Multiskills challenge. Pupils take part in a range of activities, with every point scored contributing to an average class score. The first and second placed schools in each year group will now be invited to represent Cramlington & Seaton Valley in the county Virtual Live Finals which will be held later in January. Mrs Stoddart at Beaconhill was delighted with their win saying "they had worked so hard to improve their scores", whilst Miss Garrett at Burnside told us that "Y4 have thoroughly enjoyed taking part in this year's competition, even throughout the awful weather they were still super motivated to complete the challenges as well as trying to beat their own scores!"

Year Group	1 st place	2 nd place
3	Beaconhill Primary	Holywell Village First
4	Burnside Primary 4MW	Seghill First
5	Whytrig Middle 5K	Whytrig Middle 5C
6	Hareside Primary 6H	Seaton Sluice Middle 6N

KS2 SCHOOL SPORT ORGANISING CREWS

During Autumn Term, KS2 pupils attended training sessions to learn about being a School Sport Organising Crew. The groups of pupils had been specially chosen by their schools to drive plans for getting their school moving more. They spent time discussing why it's important to be active, what they already do both in and out of school, and planning their next steps. They also got active themselves by taking part in skipping activities and playground games. James at Whytrig Middle School thought "it was a brilliant day and all the games we were shown were awesome". The groups left the sessions buzzing with ideas and they are already making a difference back in school - at Whytrig, Cora said "it is great showing the younger children how to play games" while Cadence "can't wait to get started again after Christmas with our new games". Eastlea's Sports Crew stood up in a school assembly to tell everyone about the Santa Dash and then made festive signs and cheered on the whole school!



CRAMLINGTON & SEATON VALLEY SCHOOL GAMES ORGANISERS:

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EVENTS NEXT TERM INCLUDE...

- ◆Y4 Gymnastics ◆Y3/6 Badminton Festival
- ◆Y4 Tri-Golf ◆Y4 Pickleball
- ◆Y7 & Y8 Sportshall Athletics ◆KS3&4 Trampolining

