Beaconhill Community Primary School Langdale Drive Cramlington Northumberland NE23 8EH

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Monday 11th September

Dear parents/carers,

I am writing to let you know that we will be hosting a Family Help Worker, Catherine Dixon, in school this half-term. Catherine works with the Family Hubs and offers Parenting Drop in Sessions to support with a range of common issues including sleep, boundaries, routines, low-level anxiety, housing and attendance.

Catherine will be in school every **Monday morning** from **Monday 18th September** until **Monday 23rd October**. Parents can get in touch with Catherine directly or speak to your class teacher who will liaise with Catherine to arrange a session. The sessions are typically around **30 minutes** and are for **parents** rather than children.

Other schools within the **Cramlington Partnership** have run the same scheme and found it to be **hugely successful**. We are looking forward to working closely with Catherine and offering extra help to support at home.

If you have any questions, do not hesitate to get in touch.

Many thanks, Mr Routledge

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